



College of Dental Surgeons of Alberta

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# Standard of Practice: Restricted Activities

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The Alberta Dental Association and College is now operating under the name College of Dental Surgeons  
of Alberta. This name will become official when Alberta's *Health Professions Act* is amended.

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## A. Introduction

This Standard of Practice identifies the restricted activities that regulated members, referenced as Dentists throughout, are able to perform in relation to or as part of a professional service. These restricted activities are authorized by the Restricted Activity Authorization Regulation to the *Health Professions Act*.

This Standard of Practice also outlines how a Dentist may perform a restricted activity, who may perform a restricted activity under the consent of and supervision of a Dentist, how a Dentist must supervise persons who provide a restricted activity under the Dentist's supervision and which restricted activities cannot be provided under a Dentist's supervision.

## B. Competence and Criteria

Despite the restricted activities listed in this Standard of Practice, Dentists must restrict themselves in performing restricted activities to those activities that they are competent to perform and to those that are appropriate to the member's area of practice and the procedure being performed.

This Standard of Practice must be read in conjunction with all Standards of Practice of the College of Dental Surgeons of Alberta (CDSA) to ensure full compliance with the performance of restricted activities.

## C. Restricted Activities

Dentists may, within the practice of dentistry, perform the following restricted activities:

- a) to cut a body tissue and to administer anything by an invasive procedure on a body tissue below the dermis or the mucous membrane or in or below the surface of teeth, including scaling of teeth;
- b) to insert or remove instruments, devices, fingers, or hands:
  - (i) beyond the cartilaginous portion of the ear canal;
  - (ii) beyond the point in the nasal passages where they normally narrow;
  - (iii) beyond the pharynx;
  - (iv) into an artificial opening of the body;
- c) to set or reset a fracture of a bone;
- d) to reduce a dislocation of a joint;
- e) to prescribe a Schedule 1 drug within the meaning of the *Pharmacy and Drug Act*;
- f) to dispense, provide for selling or sell a Schedule 1 or Schedule 2 drug within the meaning of the *Pharmacy and Drug Act*;
- g) to prescribe, dispense or administer a vaccine;
- h) to prescribe parenteral nutrition;
- i) to prescribe, compound or administer blood or blood products;
- j) to prescribe or administer diagnostic contrasting agents;
- k) to prescribe or administer nitrous oxide for the purpose of anaesthesia or sedation;
- l) to prescribe or administer radiopharmaceuticals, radiolabelled substances, radioactive gases or radioaerosols;

- m) to order or apply any form of ionizing radiation in medical radiography;
- n) to order and apply non-ionizing radiation in lithotripsy;
- o) to order or apply non-ionizing radiation in magnetic resonance imaging and ultrasound imaging; and
- p) to prescribe or fit an orthodontic or periodontal appliance, fixed or removable partial or complete denture or an implant supported prosthesis.

## D. Anaesthetics

Only Dentists who successfully complete an educational program in the administration of general anaesthesia and deep sedation approved by the Council and have been authorized by the Council may perform the following restricted activities related to the administration of anaesthesia, other than nitrous oxide, in the practice of dentistry:

- a) insert or remove instruments, devices, fingers or hands
  - (i) beyond the opening of the urethra,
  - (ii) beyond the labia majora, and
  - (iii) beyond the anal verge,
 and
- b) prescribe and administer anaesthetic gases, other than nitrous oxide, for the purposes of anaesthesia and sedation.

Dentists administering all forms of sedation and anaesthetic gases including nitrous oxide, must also comply with the Standard of Practice: Minimal and Moderate Sedation Deep Sedation and General Anaesthesia in Non-Hospital Dental Practice and must register annually to administer any form of sedation.

## E. Supervision

This Standard of Practice applies to supervision of restricted activities referenced in this Standard of Practice. Where another Standard of Practice addresses the supervision of a restricted activity that Standard must also be complied with.

A Dentist may consent to supervising a person performing a restricted activity if the person:

- a) is another healthcare professional regulated by the *Health Professions Act*,
- b) is an individual who is not otherwise a healthcare professional regulated by the *Health Professions Act*, or
- c) is a Student whose supervision is addressed in Section F.

A Dentist who supervises a person performing a restricted activity must:

- a) Be personally:
  - (i) competent to perform the restricted activity
  - (ii) authorized by the College to perform the restricted activity without supervision
  - (iii) satisfied with the knowledge, skill and judgment of the supervised person performing the restricted activity
  - (iv) responsible for the restricted activity performed by the supervised person

- b) ensure there is minimal risk to the patient for the person to perform the restricted activity on the particular patient,
- c) obtain the patient's informed consent for the restricted activity to be performed under supervision,
- d) provide a level of supervision commensurate with the skills and abilities of the person performing the restricted activity and the risk of harm to the patient,
- e) remain onsite and readily available for consultation during the performance of the restricted activity and for an appropriate follow up period,
- f) ensure the person performing the restricted activity and informed consent are clearly identified in the patient's record,
- g) ensure the equipment and resources used to perform the restricted activity are safe and appropriate.

A Dentist must not supervise a person performing a restricted activity if that person:

- a) would be in violation of section 46 of the *Health Professions Act* regarding mandatory registration,
- b) is registered as a healthcare professional in Alberta but is not authorized or permitted by their profession's regulatory college to perform that restricted activity.

## F. Students

A Student may perform restricted activities under the direct supervision of a Dentist registered on the main register or on the education and research register.

A Student is:

- a) A student who is enrolled in a dentistry program approved by Council
- Or
- b) An individual who is enrolled in a recognized program leading to the certification in a regulated health profession.

The supervising Dentist must be:

- a) Present and onsite while the Student is performing the restricted activity on a patient, and
- b) Present and available for consultation and to assist the Student in performing the restricted activity as required.

## G. Restricted Activities in Non-Hospital Settings

The following restricted activities must only be performed by a Dentist and are exempt from being performed under the supervision of a Dentist:

- a) to set or reset a fracture of a bone;
- b) to reduce a dislocation of a joint;
- c) to prescribe a Schedule 1 drug within the meaning of the *Pharmacy and Drug Act*;
- d) to dispense, provide for selling or sell a Schedule 1 or Schedule 2 drug within the meaning of the *Pharmacy and Drug Act*;
- e) to prescribe, dispense or administer a vaccine;

- f) to prescribe, compound or administer blood or blood products;
- g) o prescribe diagnostic contrasting agents;
- h) to prescribe or administer nitrous oxide for the purpose of anaesthesia or sedation;
- i) to prescribe or administer radiopharmaceuticals, radiolabelled substances, radioactive gases or radioaerosols;
- j) to prescribe or fit an orthodontic or periodontal appliance, a fixed or removable partial or complete denture or an implant supported prosthesis; and
- k) to prescribe or administer any form of sedation, deep sedation or general anaesthesia.



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